SUPERHEROES invaded Blackburn yesterday.

But instead of soaring through the skies, a group of 112 “superdads” pounded the pavement in their battle against a different kind of kryptonite.

Brett Bujea’s friends, colleagues and teammates united to support his son Ben (together, above left), 13, who has been diagnosed with muscular dystrophy. They walked about 18km but it could have been a quick trip around the world as the dads were served beer and food from different countries at seven stops along the way.

They raised more than $23,000 last year and expected to smash that mark this weekend.

Muscular Dystrophy Australia executive director Boris Struk rallied the men on their journey and said he was overwhelmed by their friendship and generosity.

“It was wonderful to see the camaraderie, the support ... To see them come together was just fantastic,” Mr Struk said.

He started MDA in the wake of his own son Ryan’s diagnosis with the disease, to help families deal with a “catastrophic” condition.

MDA.ORG.AU